

2016 Port Austin Kayak Symposium

Thursday, June 23rd (Courses with Additional Fee & Pre-registration)

Time		Skill Level	Location
Thursday 09:00 AM - Friday 4:00 PM	Advanced Overnight Expedition Course	Intermediate	Bird Creek Park
Thursday 09:00 AM - Friday 3:00 PM	BCU 3 Star Training	Intermediate	Bird Creek Park
Thursday 11:00 AM - Friday 1:00 PM	Overnight Camping Trip	Beginner	Bird Creek Park

Friday, June 24th (Start of 2016 PAKS)

Register 1:00 PM - 6:00 PM Port Austin Visitor Center, 2 West Spring Street; Register 6:00 PM - 9:00 PM Veterans Waterfront Park Pavilion

2:00 PM - 2:45 PM	Intro to Symposium	New to PAKS	RKC Trailer
2:00 PM - 4:00 PM	Kayak Rolling, Hip Snaps and Bracing	Non-Beginner	Station R
2:00 PM - 5:00 PM	Demo Kayaks, SUPs and Euro & Traditional Paddles	All	Demo Beach
2:00 PM - 5:00 PM	Tour (Lighthouse or Flat Rock)	Non-Beginner	Bird Creek Park Beach
3:00 PM - 5:00 PM	Wet-Exits and Forward Strokes	Beginner	Station 1
3:00 PM - 5:00 PM	Advanced Rescues	Int-Adv*	Station 2
3:00 PM - 5:00 PM	Stand Up Paddle Board	Beginner	Sup Station
3:00 PM - 5:00 PM	Playing in Your Kayak (Kids and Adults)	All	Station 3
3:30 PM - 5:00 PM	Yoga on the Beach	All	Bird Creek Park Pavilion
5:30 PM - 6:15 PM	Intro to Symposium	New to PAKS	Veterans Waterfront Park Pavilion
6:30 PM - 7:30 PM	DINNER - Potluck - Pizza Provided	All	Veterans Waterfront Park Pavilion
7:30 PM - 8:00 PM	Meeting for Saturday Morning Trip	Intermediate	Veterans Waterfront Park Pavilion
DUSK	Bonfire on the Beach	All	Veterans Waterfront Park Beach
8:30 PM - 10:00 PM	Sunset Tour (White Light Required)	Intermediate	Bird Creek Park Beach

*Int-Adv = Intermediate/Advanced Paddler

Saturday, June 25th

Register 7:30 AM - 10:00 AM RKC Trailer at Bird Creek County Park (For Participants Who Didn't Register Friday)

8:00 AM - 1:00 PM	Grind Stone City Trip	Intermediate	Bird Creek Park Parking Lot
9:30 AM - 12:00 PM <i>(Full morning)</i>	Recreational Kayaking - Part 1	Beginner	Station 1
9:30 AM - 12:00 PM <i>(Full morning)</i>	Kids' Session	Kids	Station 2
9:30 AM - 12:00 PM <i>(Full Morning)</i>	Beginning Sea Kayaking - Part 1	Beginner	Station 3
9:30 AM - 12:00 PM <i>(Full Morning)</i>	Traditional Paddling - Part 1 <i>(Greenland Stick)</i>	Beginner	Station 4
9:30 AM - 12:00 PM <i>(Full morning)</i>	Women's Class - Part 1	All	Station 5
9:30 AM - 12:00 PM <i>(Full morning)</i>	Advanced Linked Strokes & Maneuvers	Int-Adv.*	Station 6
9:30 AM - 12:00 PM <i>(Full morning)</i>	Forward Stroke & Body Dynamics	Int-Adv.*	Station 7
9:30 AM - 10:30 AM	Yoga on the Beach	All	Bird Creek Park Pavilion
9:30 AM - 10:30 AM	Hip Snaps / Bracing (Rolling Prerequisite)	All	Station R
9:30 AM - 10:30 AM	Playing In Your Boat	All	Station 7
9:30 AM - 10:30 AM	Outfitting Your Boat	All	RKC Trailer
9:30 AM - 10:30 AM	Stand Up Paddle Board	All	Station SUP
10:45 AM - 12:00 PM	Demo Kayaks & SUP Boards	All	Demo Beach
10:45 AM - 12:00 PM	Kayak Games	All	Station 1
10:45 AM - 12:00 PM	Individual - Small Groups - Paddlers Choice	All	Station 2
10:45 AM - 12:00 PM	Stand Up Paddle Board	All	Station SUP
12:45 PM - 1:45 PM	LUNCH Provided <i>(Round Table Talk -Medical Incident Management and Gear/Kits)</i>	All	Bird Creek Park Pavilion
2:00 PM - 4:45 PM <i>(Full afternoon)</i>	Beginning Sea Kayak - Part 2	All	Station 1
2:00 PM - 4:45 PM <i>(Full afternoon)</i>	Rescues & More Rescues	Int-Adv.*	Station 2
2:00 PM - 4:45 PM <i>(Full afternoon)</i>	Women's Class - Part 2	All	Station 3
2:00 PM - 4:45 PM <i>(Full afternoon)</i>	Traditional Paddling - Part 2 <i>(Greenland)</i>	Int-Adv.*	Station 4
2:00 PM - 4:45 PM <i>(Full afternoon)</i>	Navigation	All	Bird Creek Park Pavilion
2:00 PM - 4:45 PM <i>(Full afternoon)</i>	Skills Tour - Shoals + Rocks + Rebound	Int-Adv.*	Station 5
2:00 PM - 3:30 PM	Kids' Session	Kids	Station 6
2:00 PM - 3:30 PM	Individual - Small Groups - Paddlers Choice	All	Station 2
2:00 PM - 3:30 PM	Recreational Kayaking - Part 2	Beginner	Station 7
2:00 PM - 3:30 PM	Hip Snaps / Bracing (Rolling Prerequisite)	All	Station R

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3:45 PM - 4:45 PM	Kayak Games	All	Station 2
3:45 PM - 4:45 PM	Kid's SUP	Kids	Station SUP
3:45 PM - 4:45 PM	Rolling with Euro or Greenland Paddle	Int-Adv.*	Station R
3:45 PM - 4:45 PM	Dressing for Paddling	Beginner	RKC Trailer
3:45 PM - 4:45 PM	Yoga	All	Bird Creek Park Pavilion
5:45 PM - 6:45 PM	DINNER Provided	All	Bird Creek Park Pavilion
7:00 PM	Presentation - Guest Instructor: Rowland Woollven	All	Port Austin Theater, 35 Railroad St.

Sunday, June 26th (Last day of PAKS)

9:00 AM	Breakfast at the Beach - Provided	All	Bird Creek Park Pavilion
10:00 AM - 12:30 PM (Full Morning)	Beginner Trip to Turnip Rock	All	Station 1
10:00 AM - 12:30 PM (Full Morning)	Skills Tour	Int-Adv.*	Station 2
10:00 AM - 12:30 PM (Full Morning)	Kids' Session	Kids	Station 4
10:00 AM - 12:30 PM (Full Morning)	Towing, Incident/Group Management	Int-Adv.*	Station 5
10:00 AM - 12:30 PM (Full Morning)	Video Stroke Analysis	All	Station 6
10:00 AM - 12:30 PM (Full Morning)	Linked Strokes & Maneuvers	Int-Adv.*	Station 7
10:00 AM - 12:30 PM (Full Morning)	Better Body Dynamics	Int-Adv.*	Bird Creek Park Pavilion
10:00 AM - 11:15 AM	Yoga on the Beach	All	Bird Creek Park Pavilion
10:00 AM - 11:15 AM	Stand Up Paddle Board	All	Station SUP
10:00 AM - 11:15 AM	Trip Planning, Paddle Destinations Great Lakes	All	RKC Trailer
10:00 AM - 11:15 AM	Hip Snaps / Bracing (Rolling Prerequisite)	All	Station R
11:30 AM - 12:30 PM	Rolling with Euro or Greenland Paddle	All	Station R
11:30 AM - 12:30 PM	Women's Round Table	All	Bird Creek Park Pavilion
12:45 PM - 1:30 PM	LUNCH Provided (Roundtable: Power to the Paddle)	All	Bird Creek Park Pavilion
2:00 PM - 3:30 PM	Light House Tour	All	Station 1
2:00 PM - 3:30 PM	Skills Tour, Playing in the Rocks and Shoals	Int-Adv.*	Station 2
2:00 PM - 3:30 PM	Kids' Tour	Kids	Station 3
2:00 PM - 3:30 PM	Open Water Rolling - Combat Roll	Advanced	Station R
2:00 PM - 3:30 PM	Rolling with Euro or Greenland Paddle	Int-Adv.*	Station R
2:00 PM - 3:30 PM	Stand Up Paddle Board Tour	All	Station SUP
2:00 PM - 3:30 PM	Forward Stroke Development Tour	Int-Adv.*	Station 5
2:00 PM - 3:30 PM	Potpourri - Individualized Instruction	All	Station 6

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